

Getting to Vajrasana

Train

Regular trains run from London Liverpool Street to Stowmarket station. If you are travelling from outside of London, it may be more convenient to get a train into Bury St Edmunds, Thetford or Elmswell station. You will then need to get a taxi from the station to Vajrasana. It is easiest to get taxis from Stowmarket or Bury St Edmunds.

Taxi

****Please note that locals may know the site as 'Potash Farm', not 'Vajrasana'.****

Please make sure to get the taxi you booked rather than the first to come along in order to help us maintain good relations with the companies

Stowmarket

The cheapest local taxi service is TKO Cars: 07739 365 555 (you will need to book in advance. Often busy with school runs.)

Failing that, there is Stowmarket Taxis, costing £20-25: 01449 677 777 (they have a taxi office at Stowmarket station.)

Or alternatively, Gold Star Taxis: 01449 676 767.

Elmswell

Elmswell is the nearest station, about 4.5 miles from Vajrasana, but it is not easy to get a taxi from here. Call one of the above Stowmarket companies well in advance and don't get off the train here unless you have a taxi pre-booked.

Thetford

Taxis from Thetford cost £15-20.

21st Century Taxi Co.: 01842 764 576

A2B Taxis: 01842 755 222

Bury St Edmunds

A1 Cars: 01284 766 777

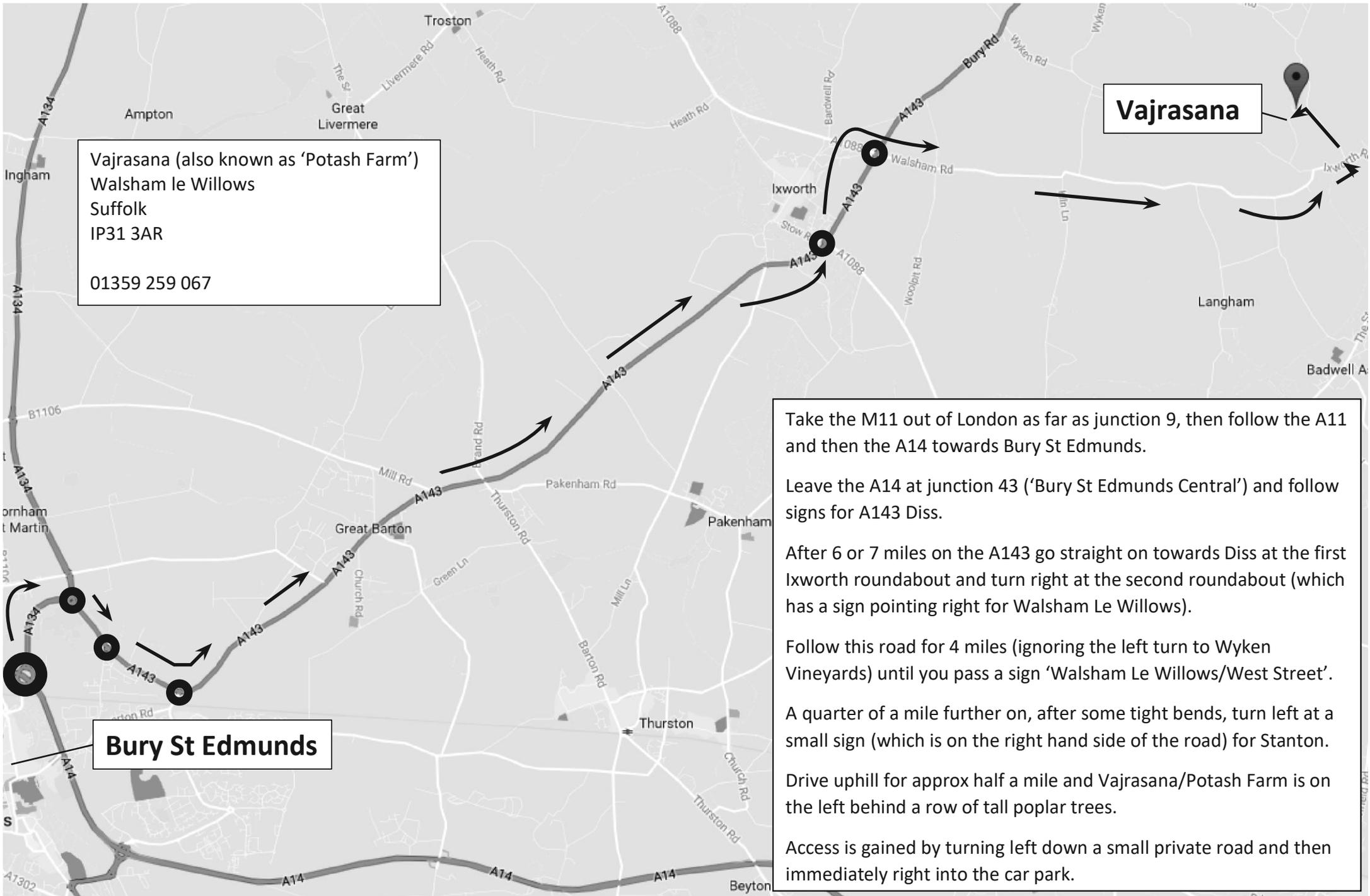
Also, the 338 bus from Bury St Edmunds runs a very limited service to Upthorpe House Farm, which takes between 45 minutes to an hour depending on which bus you catch. Upthorpe House Farm is a 15-minute walk away from Vajrasana (just under a mile) if you follow Reading Lane in a south-easterly direction. You can find a map of the walk [here](#) and check bus times [here](#).

Coach

You could get a National Express Coach from Victoria Coach Station or the coach stop in Stratford to Bury St Edmunds. From there you would need to get a taxi.

Car

We have car parking facilities at Vajrasana. See map & directions below:



Vajrasana (also known as 'Potash Farm')
Walsham le Willows
Suffolk
IP31 3AR

01359 259 067

Vajrasana

Bury St Edmunds

Take the M11 out of London as far as junction 9, then follow the A11 and then the A14 towards Bury St Edmunds.

Leave the A14 at junction 43 ('Bury St Edmunds Central') and follow signs for A143 Diss.

After 6 or 7 miles on the A143 go straight on towards Diss at the first Ixworth roundabout and turn right at the second roundabout (which has a sign pointing right for Walsham Le Willows).

Follow this road for 4 miles (ignoring the left turn to Wyken Vineyards) until you pass a sign 'Walsham Le Willows/West Street'.

A quarter of a mile further on, after some tight bends, turn left at a small sign (which is on the right hand side of the road) for Stanton.

Drive uphill for approx half a mile and Vajrasana/Potash Farm is on the left behind a row of tall poplar trees.

Access is gained by turning left down a small private road and then immediately right into the car park.